
















# Cycle Class Profile

## Disco/Funk II

FAST!  
time

Elapsed Time	Tune	Movement	Intensity	Tempo	Cadence	Notes	Duration
0 4:12	Along Came Mr Nobody – Ursula 1000			104			4:12
4:12 8:10	You Sexy Thing – Hot Chocolate			105			4:05
8:10 13:45	I Feel Love – Donna Summer			126			5:55
13:45 16:45	That's the Way (I Like It) – KC and Sunshine Band			108			3:00
16:45 19:10	I Gotcha – Joe Tex			88			2:28
19:10 22:10	Play That Funky Music – Wild Cherry			110			3:00
22:10 25:35	He's The Greatest Dancer – Sister Sledge			76			3:35
25:35 30:00	Sinner Man – Nina Simone (Felix da Housecat)			128		LADDER CLIMB	4:35
30:00 34:27	Funky Bikini – Ursula 1000			135		LADDER CLIMB	5:00
34:27 41:09	I Will Survive – Gloria Gaynor			125		LADDER CLIMB	7:30
41:09 45:24	What I like about You – Romantics			75			4:45
45:25 49:20	FunkyTown – Lipps Inc			123			4:00
49:22 54:48	Flash Light – Parliament			105			5:50
54:50 58:10	You Can Make it if You try – Sly and Family Stone			100			3:35
58:10 01:00:0	It's Your Thing – Isley Bros.			90			2:43